

## **RECREATIONAL THERAPY AIDE - JOB DESCRIPTION**

**GENERAL RESPONSIBILITIES:** Work involves assisting recreational therapists and recreational therapy assistants to provide recreational therapy or therapeutic activities. Specific work duties are assigned by a recreational therapist or recreational therapy assistant consistent with the assessed competencies of the recreational therapy aide. All treatment plans, therapeutic activity plans and treatment interventions are designed and established by a recreational therapist to achieve specific patient/client outcomes consistent with the overall treatment plan established by the physician and treatment team.

### **EXAMPLES OF DUTIES PERFORMED**

Assists recreational therapists and recreational therapy assistants under close supervision (line of sight supervision by an LRT or LRTA), with the provision of basic recreational therapy treatment interventions, such as, but not limited to, cognitive behavioral therapy groups, exercise, weight training, relaxation training, therapeutic outings as an aspect of reintegration training, and the use of recreation/activity interventions designed to reach educational or treatment goals/outcomes.

Assists recreational therapists and recreational therapy assistants to provide, under close supervision (line of sight supervision by an LRT or LRTA) therapeutic activities to assist patients/client to improve or maintain physical, cognitive, social and emotional functioning and to meet educational and treatment goals.

Escorts, transports and assists patients to and from treatment interventions, therapeutic activities and recreation.

With line-of-sight supervision by an LRT or LRTA assists patients during participation in treatment interventions and therapeutic activities.

With line-of-sight supervision by an LRT or LRTA assists recreational therapy assistants and recreational therapists to plan and lead treatment interventions and therapeutic activities.

Assists recreational therapy assistants and recreational therapists to prepare for and to clean-up after treatment interventions and therapeutic activities

Commensurate with assessed competencies, may plan, lead and assist patients to participate in recreation activities.

Performs cleaning tasks to assist with infection control.

Discusses patients' responses, reactions and participation in treatment interventions, therapeutic activities and recreation with the supervising recreational therapy assistant or recreational therapist.

Organizes supplies used in treatment interventions, therapeutic activities and recreation.

Performs related duties as requested.

### **Knowledge, Skills, and Abilities**

Working knowledge of recreational therapy, therapeutic activities and recreation services. and applicable principles, techniques, methods, modalities, interventions, activities, and their proper implementation.

Working knowledge of functional anatomy, physiology and principles of growth and development, effective communication and cognitive and motor learning.

Skill in assisting in the implementation of basic recreational therapy treatment interventions and in assisting in the implementation of therapeutic activities and recreation.

Ability to report patient response, reaction and behavior through written and oral communications.

Ability to work effectively with patients of various ages, mental competence, and physical disabilities.

### **Minimum Qualifications**

A high school diploma, ability to perform the work and one year of related health care work; or an equivalent combination of education and experience.